

Alpha-Gal Syndrome

SUPPORT GROUP



Living with Alpha-Gal Syndrome can feel isolating, but you're not alone.

Join our Alpha-Gal Support Group for a welcoming space to connect with others who understand the challenges of managing food allergies, lifestyle changes, and ongoing health concerns related to Alpha-Gal.

THIS GROUP OFFERS:



Peer Support & Shared Experiences



Education & Coping Strategies



Resources for managing symptoms & navigating care



A safe, judgement-free environment

JOIN OUR SUPPORT GROUP

Who should attend: Individuals diagnosed with Alpha-gal Syndrome and those seeking support or information.

Location: Tri-Town Ambulance Conference Room
399 Middle Road
Chilmark, MA 02535

When: The Third Thursday of Every Month
5 PM - 6 PM

No pre-registration is required. For more information, contact:
Cheryl Kram
Clinical Services Supervisor for the VNA of Cape Cod
508-957-7664



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